



# Extra-Curricular Term 4

## Senior Primary

Monday 07 October - Friday 29 November 2024

	EXTRA-CURRICULAR	TIME	DETAILS	HOST	PRICE
<b>MON</b>	Cricket U11	14:00-17:30	Practice for Cricket team	Mr Minnaar	N/A
	Athletics - school training	14:00-15:00	School team athletics training	Ms Hilarides	N/A
	Basketball - PYP 3-6 + MYP 1	14:00-15:00	Basketball training	Ms Meere	N/A
	Tennis PYP 5&6 + MYP 1	14:00-15:00	Non-competitive school tennis	Chris De Koker & Ms B Henry	N/A
	Chess	14:00-15:00	Chess club at school	Mr Lipinski & Ms Botha	R625
	Dance Madness	14:30-15:30	Off Campus. Own Transport, Hout Bay Community hall	Dance Madness	R1175
	Swimming Level 1	14:30-15:00	Beginner - stroke development	Ms Everard & Ms Cudlipp	N/A
	Cooking Club	15:30-17:30	Off Campus	Althea Naude	R2250
<b>TUES</b>	Cricket U13	14:00-15:00	Practice for Cricket team	All Rounders + HBIS staff	N/A
	Tennis PYP 3&4	14:00-15:00	Non-competitive school tennis	Chris De Koker	N/A
	Choir	14:00-15:00	Primary School Singing Club	Ms Van Der Bergh	N/A
	Swimming Level 2	14:30-15:00	Stroke development	Ms Everard & Ms Cudlipp	N/A
	Swimming Level 3	15:00-15:45	Development of 4 strokes	Ms Everard & Ms Cudlipp	N/A
	Swimming Squad	15:45-16:45	All 4 strokes, working in a group under pressure for minimum of 1.5 km in 1 hour	Ms Scholtz & Ms Cranswick	N/A
	Clay Creations	14:15-15:00	Creative club using clay as medium	Clay Creations	R2000
	Learn to Surf with CTSA	15:30-17:00	Surf club in Hout Bay or Llandudno	CTSA	R1600
<b>WED</b>	Tennis PYP 5&6	14:00-15:00	Non-competitive school tennis	Chris De Koker & Ms B Henry	N/A
	Cricket U11 (Match day)	14:00-15:00	Match / Practice for Cricket team	Mr Minnaar + Staff	N/A
	STEAM'D Club PYP 3&4	14:00-15:00	Science, Technology, Engineering, the Arts and Mathematics	Ms Lydell	R150
	Art club PYP 5&6	14:00-15:00	Extension of school art	Ms MacLachlan	N/A
	Athletics - school training	14:00-15:00	School team athletics training	Ms Hilarides	N/A
	Yoga	14:00-15:00	Yoga class done on campus	Child's Play Yoga	R1375
	Swimming Level 1	14:30-15:00	Beginner - stroke development	Ms Everard & Ms Cudlipp	N/A
<b>THURS</b>	Cricket U11	14:00-15:00	Practice for Cricket team	Mr Minnaar	N/A
	Cricket U13 (Match day)	14:00-15:00	Match / Practice for Cricket team	All Rounders + HBIS staff	N/A
	Swimming Level 2	14:30-15:00	Stroke development	Ms Everard & Ms Cudlipp	N/A
	Swimming Level 3	15:00-15:45	Development of 4 strokes	Ms Everard & Ms Cudlipp	N/A
	Swimming Squad	15:45-16:45	All 4 strokes, working in a group under pressure for minimum of 1.5 km in 1 hour	Ms Scholtz & Ms Cranswick	N/A
	Tennis PYP 3&4	14:00-15:00	Non-competitive school tennis	Chris De Koker	N/A
	Art Club PYP 3&4	14:00-15:00	Extension of school art	Ms MacLachlan	N/A
	STEAM'D Club PYP 5&6	14:00-15:00	Science, Technology, Engineering, the Arts and Mathematics	Ms D Henry	R150
	Crochet club with Ms Baxter	14:00-15:00	Creating textiles by using a crochet hook and yarn	Ms Baxter	N/A
	Learn to Surf with CTSA	15:30-17:00	Surf club in Hout Bay or Llandudno	CTSA	R1600
<b>FRI</b>	Tennis Coaching (45min, Max 6)	14:00-14:45	Small group tennis coaching	Chris De Koker	R1065
	HBIS Football Stars	14:00-15:00	Off season football training	HBIS Coaches	R690
	Basketball - PYP 3-6 + MYP 1	14:00-15:00	Basketball training	Ms Meere	N/A
	Swimming Gala	13:30-16:30	Galas held bi-weekly	Ms Everard & Ms Cudlipp	N/A