

# HOUT BAY INTERNATIONAL SCHOOL SOUTH AFRICA

## TERM 4, 2017 JUNIOR PRIMARY

Extra-Curricular Activities starting on Monday, 09 October until Friday, 01 December 2017.  
8 Weeks of Extra-Curricular Activities

DAY	CLUB	TIME	NOTES
<b>MON</b>	*Piano $\frac{1}{2}$ hr lesson (Mon or Wed)	In School Hours	By Lynette de Speville
	PYP 1 Mini-Cricket	13:30-14:30	Covering the basics of cricket with a "soft ball"
	PYP2 Tennis	13:30-14:30	Basic stroke development by Mr Stofberg
	PYP2 Art & Craft	13:30-14:30	Extension of classroom art by Mrs Kruger
	*PYP1 Dance Mouse (B) (30 Mins)	13:45-14:15	Very popular Dance club. Collection from Hout Bay community hall.
	*PYP2 Dance Mouse (B) (45 Mins)	14:30-15:15	Very popular Dance club. Collection from Hout Bay community hall.
	*Judo	13:30-14:30	Jason Milbank present this martial art at school.
	*SNAG Golf	13:30-14:30	Exciting introduction and stroke development for golf by Nick van Schalkwyk
	*Tennis Group Session (30mins) Min6; Max12	13:30-14:30	Small group tennis coaching by professional coach Chris De Koker.

<b>TUES</b>	PYP 2 Mini-Cricket	13:30-14:30	Covering the basics of cricket with a "soft ball"
	PYP 1 Tennis	13:30-14:30	Basic stroke development by Mr Stofberg
	PYP1 Chess	13:30-14:30	Basics of Chess presented by a member of staff.
	PYP1 Literacy Games	13:30-14:30	Various games related to literacy presented by Ms Strong
	Junior Choir (PYP 1&2)	13:30-14:30	Group choir singing by Mr Coomer.
	*PYP2 Games 4 Brains	13:30-14:30	Various board games presented Natascha Brown and Cassandra Money
	*Kidz Act Drama Club (Min 5)	13:30-14:15	Drama and performance club by Trish Sutton.
	*Tennis Group Session (30mins) Max 6	13:30-14:30	Small group tennis coaching by professional coach Chris De Koker.
	*Clay Creations (PYP 1 & 2)	14:30-15:30	Art classes using the medium of clay by Alfred Kagaba

<b>WED</b>	PYP 1 Mini-Cricket	13:30-14:30	Covering the basics of cricket with a "soft ball"
	PYP 2 Tennis	13:30-14:30	Basic stroke development by Ms Rubidge

<b>WED</b>	PYP2 Chess	13:30-14:30	Basics of Chess presented by a member of staff.
	PYP2 Literacy Games	13:30-14:30	Various games related to literacy presented by Ms Kidgell
	*Tennis Group Session (30mins) Max 6	13:30-14:30	Small group tennis coaching by professional coach Chris De Koker.
	*Ballet Bugs (PYP 1) (B) (MAX 12)	13:45-14:30	Ballet classes by Kate McCullum. Collection from The Body Studio.
	*Conversational German Club (8 lessons)	14:30-15:30	Conversational German lesson by Antigone Junge
	*Mosaic Workshop	14:30-15:30	Instruction in the art of mosaic, all materials supplied, by Elke Losskarn.

<b>THURS</b>	PYP 2 Mini-Cricket	13:30-14:30	Covering the basics of cricket with a "soft ball"
	PYP 1 Tennis	13:30-14:30	Basic stroke development by Ms Rubidge
	PYP1 Art & Craft	13:30-14:30	Extension of classroom art by Mrs Kruger
	*Cooking Club (9 Classes) (B) (MAX 12)	13:30-15:00	Cooking and baking lessons with Althea Naude. Collection from 138 Albert Rd.
	*Childs Play Yoga (PYP1 & 2) (B)	13:45-14:30	Children's yoga sessions with meditation time by Jeanne Welsh and Nia Thorpe
	*Tennis Group Session (30mins) Max 6	13:30-14:30	Small group tennis coaching by professional coach Chris De Koker.
	*Group Recorder	In School Hours	By Heather Roth
*Wind Instrument/Piano Individual Lesson	In School Hours	By Heather Roth	

<b>FRI</b>	*HBIS Football Stars Off-Season Football (Min 10)	13:30-14:30	Off season Football club presented by Coach Nic and Coach Riccardo
	*Xhosa (9 Lessons)	13:45-14:30	Converational Xhosa lessons by Ms Bukiwe Ntshwanti
	*Horse Riding Club	13:30-14:30	Basics of horse riding and care. Parents collect from the Riding Centre.
	*Tennis Group Session (30mins) Max 6	13:30-14:30	Small group tennis coaching by professional coach Chris De Koker.
	Eco Club	13:30-14:30	Ecological awareness help in the school herb garden
	*Cricket Clinic with Scott Hewitt	14:30-16:00	Cricket clinic focusing on specific individual skills of the game by Scott Hewitt.

Please note that it is preferred for students to have the appropriate sports equipment for sports - i.e. swimming caps and tennis racquets. Students to take part in sports clubs wearing their school PE kit.

Uniforms for clubs like Dance Mouse, Ballet and Judo might be required through the service providers.

Please contact [kobus.stofberg@iesmail.com](mailto:kobus.stofberg@iesmail.com) for any queries